

Dress Regulations

GIRLS

Ballet

- Pink tights Mondor 345C
- Leotards Mondor 1645C
- ½" Elastic waist band to match Leotard
- Pink ballet slippers with matching elastics or ribbons
- Character skirt must be solid black with 3 rows of blue ribbon around the bottom, fall to the bottom of the kneecap and be fully gathered. Order directly from The Dancewear Centre.
- Character shoes must be black Bloch
Grades 1 & 2: style #315 (¾" heel)
Grades 3-5: style #314 (1¼" heel)

Grade	Leotard	Slippers	Character
Creative	Pink	Elastics	No
Basic Ballet	Pink	Elastics	No
Pre Primary	Pink	Elastics	No
Primary	Pink	Elastics	No
Grade 1	Pink	Elastics	Yes
Grade 2	Pink	Elastics	Yes
Grade 3	Navy	Elastics	Yes
Grade 4	Navy	Elastics	Yes
Grade 5	Navy	Elastics	Yes
Senior	Navy	Elastics	No
Intermediate	Navy/Black	Ribbons	No
Advanced	Navy/Black	Ribbons	No

Jazz

- Beige tights Mondor 345C
- Black leotard Mondor 1645C
- Beige jazz shoes

Pre Primary Jazz/Tap

- Beige tights Mondor 345C
- Black leotard Mondor 1645C
- Black patent leather tap shoes
- Beige jazz shoes optional

Tap

- Beige tights Mondor 345C
- Black leotard Mondor 1645C

Grade	Tap Shoes
Primary	Black patent leather
Junior 1-3	Beige Cuban heel
Senior	Black oxford
Pre Inter & Inter	Black oxford

Hip Hop

- Comfortable dance clothes
- Running shoes/Jazz sneakers
- No jeans

Acro

- Any colour leotard
- Footless or convertible tights

Musical Theatre

- Comfortable dance clothes

BOYS

- Black tights or bike shorts
- White t-shirt
- White socks

Ballet

- White leather ballet slippers with matching ½" elastic

Jazz

- Black non-lacing split sole jazz shoe

Tap

- Black oxford tap shoe

Available at the Studio:

- Dancewear – our regulation uniforms
- Hair Kits

For all other dancewear we recommend:

THE DANCEWEAR CENTRE
530 WILSON AVE, TORONTO, ON
416-630-2292
WWW.DANCEWEARCENTRE.COM

Guide to good manners in the dance class...

A Dancer:

- Is courteous to teachers and other students
- Pays attention to the teacher at all times
- Does not fool around in class
- Has a positive attitude
- Always gives 100% effort
- Is enthusiastic
- Always tries to improve
- Does not miss a class (except for illness)
- Is not late for class
- Abides by proper dress code
- Has hair pulled away from face and secured to head
- Does not chew gum in class
- Brings a smile to every class and performance

Grooming for Dance Class

A dancer should always be perfectly dressed and groomed. It is part of the self-discipline which goes hand-in-hand with the dance training itself, and is evidence of the pupil's serious approach. The most obvious points to remember are that shoes should be neat and clean and the leotard should fit correctly and comfortably.

Boys should wear their hair short. Girls should choose a neat style with long hair tied back, it must be in a bun for all dance forms to give a good line to the head and neck. Long fringes should be pinned back to show the face clearly, and no jewellery should be worn during the class. It distracts the teacher's eye and if it flies off can prove dangerous to the others in the class.

REMEMBER

To put the following in your dance bag each week:

1. Clean leotard
2. Clean socks or tights
3. Clean shoes
4. All things necessary to make your hair neat and tidy
5. Any props needed for class or for Character dance

General Rules of the School

Like any school we have certain rules to follow...

- Students are expected to be punctual for their classes.
 - 5 minutes late: verbal apology required from the student.
 - 10 minutes late: parent to come with the student or send a note to the teacher.
 - 15 minutes late: student may be asked to observe the class to avoid injury.
- Please notify the office if your child is unable to attend class.
- Students are expected to be properly attired and groomed for each class.
- The change rooms are in the basement. Please do not use the front hall or any other area as a change area.
- No food or juice drinks in the studios – water only!
- Students are asked to bring a “litter-less” lunch or supper to OSB
- Students are not encouraged to bring “junk food” into the building. We suggest bringing fruits, sandwiches, juices and water.
- Students may be expelled/suspended from the school for inappropriate language or behaviour at the discretion of the Executive Director.

Thank you for helping to ensure that your child achieves the most from class by being properly attired, groomed and punctual.

Advice for Parents

- If children are interested, encourage them to dance. However, if children are not willing to dance, do not force them.
- Encourage dance students to see live professional performances as often as possible.
- Focus upon the child’s efforts and performance rather than the overall outcome of the examination, performance or audition. This assists children in setting realistic goals related to their ability by reducing the emphasis on winning.
- Teach children that an honest effort is as important as a victory, so that the results of each examination or performance are accepted without undue disappointment.
- Encourage children to always participate according to the rules.
- Never ridicule a child for making a mistake or not passing an examination.
- Remember, children are involved in dance for their enjoyment, not yours.
- Remember, children learn best from example. Applaud good performances by all of the performers.
- If you disagree with an examiner, adjudicator or critic, raise the issue through the appropriate channels rather than question the official’s judgement in public.
- Support all efforts to remove verbal abuse from dance activities.

ONTARIO SCHOOL OF BALLET & RELATED ARTS

Est. 1979

Dress Regulation & A Guide to Dance Class



... We're about more than dance!